



AU PAIR • NANNY • EDUCATOR

There has been further updates to the current COVID-19 situation and our aim is to keep you informed and supported in your placements with your Au Pair Families.

The New Zealand Government has announced over the weekend that as of 1am on 16 March 2020, any person coming into New Zealand (Pacific Islands are exempt) will have to self-isolate for 14 days.

What does this mean for you?

If someone in your Au Pair Family is required to self-isolate, then the family in that home, including yourself, will have to self-isolate with them unless there is an adequate area of the home that the person is able to inhabit during this period. This will mean limited contact with that person and being vigilant with the information around hygiene. Please see the link below regarding self-isolation:

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-novel-coronavirus-health-advice-general-public/covid-19-novel-coronavirus-self-isolation>

If you are required to self-isolate with the family, we will advise the family that you should continue to receive your weekly pay for this duration.

What happens if my home country closes its borders?

This situation is changing daily but to date all countries who have closed their borders to travellers still accept their nationals returning home. The US recently closed its borders to Europe and now the UK for 30 days however any US citizens returning home are still able to do so during this time irrelevant of where they have been. There may however be extra precautions taken such as in New Zealand where all people entering our country including our citizens are required to self-isolate for 14 days.

We understand that your families in your home countries will be concerned about you and we recommend you keep in close contact with them during this time to ease their concerns.

What happens if someone in my Au Pair Family gets COVID-19 or if I feel unwell?

If someone in your Au Pair Family tests positive for COVID-19 the entire family, including yourself, will need to self-isolate for the 14 day period. If you become unwell, please advise your Au Pair Family immediately and they will assist you to seek the recommended medical advice using the current Ministry of Health guidelines (ensure you advise the doctor by phone of your concerns before going to the doctors surgery).

Travel within New Zealand and outside of New Zealand over the next few months!

We do not recommend travelling outside of New Zealand over the next few months. The Government has advised all New Zealand Citizens to cancel any non-essential international travel. Please ensure that you speak to your Au Pair Family prior to arranging any potential travel prior to booking to ensure they feel comfortable with this. This includes any domestic travel within New Zealand.

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus>

If you do travel, you are potentially risking self-isolation outside of your Au Pair Families home, at your own cost.

Our recommendation is that you delay travel outside of New Zealand until you return home.

Further Information...



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We will continue to monitor the situation and will update you accordingly should there be further developments.

The important message here is to remain calm and continue your daily routine being vigilant and following the New Zealand Government guidelines as they become available. At this stage, if you or your family are not in self-isolation (no Au Pair Families are in this situation currently), then carry on as normal being extra careful around minimising the risk of transmitting the virus.

At this stage we only have eight cases of the virus and no deaths, most of those with the virus are recovering or are in self-isolation, recovering in their homes. All the cases reported have come from travellers travelling into our country and at this stage there has been no person to person transmission within our borders. This is the primary reason our Government have enforced these travel restrictions for those entering our country to ensure the safety of those currently residing in New Zealand.

If you have any questions, please contact your Placement Consultant who will try assist you.